

## SAILING

Sailing is one of the ancient (oldest) means of transportation especially in riverine areas but mostly not regarded in some parts of the country due to the risk of tsunami, hurricanes, ship wrecks and all other dangerous exposures. But in the olden days is one of the major means of transportation.

Therefore, Sailing can be regarded to as a Motion across a water body in Craft you e.g Boat or ship powered by a wind or a steam engine as a sport, picnic or transportation. Sailing can also be termed as an activity of travelling of travelling on a boat with sails.

A sailing ship is a sea going vessel that uses sails mounted on mast to harness the power of wind to propel a vessel. While a sailor is a person that is skilled in the profession to ride a particular craft on water.

Many people have different reasons for sailing asides the fact that many goods need to be transported through sailing due to there fragility or the location in which the goods needs to be delivered, the other reasons for sailing include;

For Research purposes, going into the profession of an archeologist for example, They need to travel through water bodies like oceans, lake , seas so as to study and examine the fossils of aquatic creatures for research purposes whereas, Many people also sail in their leisure to study or for a picnic with friends or family.

Many years back especially in the African side, sailing started as

a means of transportation in some part of the country, as time goes on technological inventions, better maps, better sailing instruments came in which lead to the improvement of sailing across the whole world.

The exact timing when sailing started is unknown, but archaeologists do know that at some point in the 1st century CE, the Greeks began using sails that allowed for tacking and jibing—technological advancements that are believed to have been introduced to them by Persian or Arabic sailors.

As sailing and navigation increased in importance, ancient cultures began to innovate and improve sailing technology. One crucial technological advancement was the steering oar — an innovation that predated more modern stern-mounted rudders and allowed for the construction of larger boats. Some of the factors that also lead to

Sailing as a means of transportation and relaxation has advantages and disadvantages attached to it, when you travel by water you'll receive a sense of freedom and ability to depart from everything else in your life at that moment and the sounds of water splashing on the boat can easily relax and reduce stress for a busy individual.

Some of the disadvantages attached to sailing include long distance, because sailing sometimes could be very slow and boring. Temperature is also a major disadvantages of sailing.

One of the factors that lead to the decreased number of sailing is because of the the cost, the table below indicates the cost of

buy a ship

Length	Price Low	Price Average
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15-20 ft	\$12,000	\$24,000
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20-25 ft	\$30,000	\$58,000
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25-30 ft	\$55,000	\$80,000
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30-35 ft	\$130,000	\$160,000
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Sailing over the years has really developed tremendously and we still awaits further improvements.

Composed and written by ADEDOKUN TAIWO VICTOR  
#legend boy